UCFB MANCHESTER STUDENT GUIDE 2019





$\mathcal{G}\mathcal{G}$

If it's your first time in Manchester, or you haven't lived in a major city before, then it can be rather daunting to get around. We've put together some key information to help you settle in this amazing city.

4 Travel 4 Tourism 6 Shopping 8 Supermarkets 8 Bars, Pubs & Clubs 10 Sport & Fitness 15 Health

Contents

Travel & Tourism

$\mathcal{C}\mathcal{C}$

Remember to purchase your ticket before you get on a tram, or tap in and out on the touchpads and validate your ticket, otherwise you can be fined on the spot.

Tourism

Etihad Campus to Belle Vue/Speedway:

From Alan Turing Way (stop F) take the 53 bus to Pottery Lane (stop B). For specific bus and tram times or for alternate routes and journeys please visit Transport for Greater Manchester and use their 'Plan my journey' service.

Remember to purchase your ticket before you get on a tram, or tap in and out on the touchpads and validate your ticket, otherwise you can be fined on the spot

There are also several railcards and student discounts that you could be entitled to so make sure you research these to make it as cheap and cost effective as possible.

National Football Museum:

The name explains it all. If there's anything you didn't know before about football you will come out knowing about the history of the game. **Opening times:**

Mon-Sun. 10am-5pm. Address: Urbis Building, Cathedral Gardens, Todd Street, Manchester M4 3BC.

Museum of Science and Industry:

Learn about the history of Manchester's contribution to industry, the Solar System and more. Entry is free for all. **Opening times:**

Mon-Sun. 10am-5pm. Address: Liverpool Road, M3 4FP.

Travel

If it's your first time in Manchester, or you haven't lived in a major city before, then it can be rather daunting to get around. New travel systems, locations, destinations, routes etc can all make it difficult to get out and about. Below, we've put together some key information on important routes to help you settle in this amazing city:

• Unite Piccadilly to Etihad Campus:

The tram runs direct from Manchester Piccadilly to the Etihad Campus. You need the blue line that runs from Eccles to Ashtonunder-Lyne (One tram every 12 minutes.)

• Unite Piccadilly to Belle Vue/Speedway:

Walk to the bus stop at London Road (adjacent Travis Street, Hotel, Manchester City Centre) to catch the 192 bus to Stockport Road (opposite Plymouth Ground, Public House, Longsight).



Tourism

Manchester Art Museum:

Right in the heart of the city centre is the Art Museum, full of exhibitions and famous works. **Opening times:**

Mon 11am-5pm, Tues-Sun 10am-5pm. Address: Mosley Street, Manchester, M2 3JL.

People's History Museum:

Located near Spinningfields, this Museum focuses on the working people of the city. **Opening times:**

Mon-Sun 12pm-2pm. Address: Left Bank, Spinningfields, Manchester M3 3ER.

Imperial War Museum:

This museum focuses on various conflicts going on in the world and infamous ones of the past such as both World Wars and the effects they have on people. Free admission is a bonus. **Opening times**:

Every day 10am-5pm. Address: Trafford Wharf Road, Stretford, Manchester M17 1TZ.

Shopping:

Manchester Arndale:

It is hard to miss this shopping centre when in Manchester. Despite being mainly indoors there are more shops on Market Street such as Adidas and Sports Direct. There are plenty of clothes shops and a big food court. **Opening times**:

Mon-Fri 9am-8pm, Sat 9am-7pm, Sun 11:30am-5:30pm. Address: Market Street, Manchester, M4 3AQ. $\mathcal{Q}\mathcal{Q}$

If you aren't staying at Piccadilly Point you are more than welcome to visit us in the Student Services hub and ask one of our members of staff for help finding local supermarkets.

Trafford Centre:

You will have to commute to get to this popular shopping centre via bus as it is located away from the city centre. Like the Arndale it has all you will need from Primark to a Hollister. **Opening times**:

Mon-Fri 10am-10pm, Sat 10am-9pm, Sun 12pm-6pm.

Classic Football Shirts Shop:

The 'beautiful game' has produced some beautiful club memorabilia over the years and this is all inside the four walls of this store. **Opening times:**

Mon-Fri 10:30am- 6:30pm, Sat 9:30am-6:30pm, Sun 11am-5pm. Address: Classic Football Shirts Co Ltd, Edwin House, Manchester, M11 3ER.

♦ Media City UK:

The home of ITV and the BBC is just a short Metrolink journey on an Eccles/ Media City UK tram.

Also, there is the Lowry theatre, Lowry shopping centre and the Imperial War Museum (See TOURISM).

Address: Salford M50 2EQ.

Supermarkets:

If you aren't staying at Piccadilly Point you are more than welcome to visit us in the Student Services hub and ask one of our members of staff for help finding local supermarkets.

In relation to the Piccadilly Point accommodation:

\mathcal{C}

Across the road from the Campus is an Asda supermarket which is very hard to miss ; this is possibly your best chance at doing a weekly shop.

Supermarkets

In Piccadilly train station there will be a reduced sized Sainsbury's which sells all you need to get by on.

Half a mile away from Piccadilly Point lies a Morrisons which sells fresh food, bakery products and all the usual supermarket items.

Not too far from the Morrisons is a Tesco which shuts at 11pm.

Across the road from the Etihad Campus is an Asda supermarket which is very hard to miss; this is possibly your best chance at doing a weekly shop.

Bars, Pubs & Clubs

42's: A popular venue for students right in the heart of the city centre in Deansgate, it is cheap and easy to get to from our Piccadilly Point accommodation.

Address: 2 Bootle Street, Manchester M2 5GU.

Lola Lo: A nightclub and an evening time bar which plays iconic R'n'B music and a host of different DJs, this club also on Fridays and Saturdays does 2-4-1 cocktails between 5-10pm, an offer you can't refuse. *KIPLING*

Canal Street and the **Gay Village** is a part of Manchester not too far from Piccadilly train station which has a unique strip of bars and clubs which are student friendly and great fun.

Manchester Bierkeller: Hidden inside the Printworks near Exchange Square is the good Bavarian bar which has live music and cheap food, an ideal chilled night out with a designated sports bar with coverage of all sports!



$\mathcal{Q}\mathcal{Q}$

Sports is good for: mental health, time management, discipline, and self-confidence.

Sport & Fitness

Location	Membership type	Price	No. of centres	What's included
Better -Manchester-	Various membership options available - including student deals	Starting from £20.99 per month or £175 per year	18 (including Belle Vue)	Fitness classes, gym and swim pool depending on membership type
The Gym Group	No contract	£20.98 per month	Choice of up to five	Gym Fitness
East Manchester Leisure Centre	Swim only	£15.50 per month	One	Swim Pay and Play access within all Manchester centres for any other member only activities
Withington Baths and Leisure Centre	Various membership options available	Starting from £20 per month Advance pay- ment starting from £108	One	Swim pool, gym and fitness classes available depending of membership

Sport & Fitness

$\mathcal{C}\mathcal{C}$

Playing sports improves your teamwork and problem-solving skills.

Location	Membership type	Price	No. of centres	What's included
Lishi Daoist Tai Chi Yoga Meditation	4-week taster	£20 for 18-25 year olds £29 for over 25s	One	Tai Chi, Dao Yoga, Deep Energising Breath Work, Meditation, Qigong and Kung Fu
SBG Manchester	N/A	Free trial available	One	MMA, Jiu Jitsu, Submission Grappling, Boxing, Judo and Freestyle Wrestling

EN BATTEN STAN

12

$\mathcal{G}\mathcal{G}$

Looking after your mental and physical health is extremely important and that doesn't change just because you are away from home.



Health

Looking after your mental and physical health is extremely important and that doesn't change just because you are away from home. To help you out, we have listed some important services that you should sign up to, or familiarise yourself with, at your earliest convenience and how you can find a practice in your local area:

◆ Doctors/GP: https://www.nhs.uk/Service-Search/GP/LocationSearch/4

Dentist: https://www.nhs.uk/Service-Search/
Dentists/LocationSearch/3

 Pharmacies: https://beta.nhs.uk/find-apharmacy/

 Sexual health clinics: https://www.nhs.uk/ service-search/STI-testing-and-treatment/ LocationSearch/736

UCFB MANCHESTER STUDENT GUIDE 2019

