



Introducing your Programme Leader

MATT GRAHAM

Career history and interests

Current:

- PhD Researcher
- U13 Coach Manchester United RTC for Girls

Previous:

- Carlisle United Academy Coach
- Carlisle United Community Coach
- Mossley Hill Womens First Team Manager
- Gretna 2008 FC First Team Coach
- Lecturer Btec Level 3 / HNC / HND

What to expect in your first few weeks

To be guided through the process of the online course, and the methods in which you will be taught. To participate in all online sessions and/or complete tasks whilst observing these sessions.

To be introduced to the academic models and theories behind the practical element of football coaching and management. To be given tasks that need to be completed away from the timetabled sessions. Receive support that will help you adapt to becoming a student in Higher Education.

Course expectations

- To be coaching away from the course.
- To watch and observe live football, both matches and coaching sessions, across all levels of the game.
- To conduct yourself in the manner expected of a football coach or manager within a professional football club.
- To read around and research the subjects introduced to you during lectures.
- To attend and participate in all lectures, seminars and practical sessions.

What you can do to prepare

- Coaching as much as possible, where it is possible to do so.
- Attending CPD events at your local County F.A., Enrolling to relevant webinars and any other relevant online CPD opportunities.
- Observing other coaches, where possible.
- Prepare to work hard and be committed to the process.

Reading list

Adair, J (2009) *The Inspirational Leader: How to Motivate, Encourage and Achieve Success*
Kogan Page.

Baker, J., Cobley, S. and Schorer, J. (Eds) (2011) *Talent identification and development in sport: international perspectives*. London: Routledge.

Balnaves, M. and Caputi, P. (2001) Introduction to quantitative research methods: an investigative approach. London: SAGE. Bridgewater, S. (2010) Football Management. Basingstoke; Palgrave Macmillan.

Bryman, A. (2012) Social research methods. 4th ed. Oxford: Oxford University Press. Carling, C., Reilly, T., Williams, A. M. (2008). Performance Assessment for Field Sports. Routledge: London.

Cassidy, T., Jones, R., Potrac, P. (2004) Understanding Sports Coaching: The social cultural and pedagogical foundations of coaching practice. London: Routledge.

Jones, R.L. (2006) The Sports Coach as educator: Re-conceptualising Sports. London: Routledge.

Lyle, J. and Cushion, C. (2010) Sports Coaching: Professionalisation and Practice. London: Churchill Livingstone.

Lynch, C. (2008) Researching sport and exercise: a student guide. London: Learning Matters.

Nesti, Mark, and Chris Sulley (2014) Youth Development in Football : Lessons from the World's Best Academies, Taylor & Francis Group.

Williams, M., A. (2013) Science and Soccer: Developing Elite Players. 3rd Edn. London: Routledge.