



## Introducing your Programme Leader **STACY HUGHES**



### Career history and interests

I have worked within further and higher education establishments for over 10 years. Within this time, I have worked with a number of professional football clubs, including West Ham United, and taught the coaches of Manchester United Soccer Schools.

During this time, I worked within the quality department to promote the highest level of teaching and success. One of my main focuses is to encourage females to participate in sport and I have successfully increased female recruitment and participation over the years that I have been working within the sporting industry. In order to promote female participation further, I have owned my own fitness company and competed at an international level.

I currently have an MSc Weight Management, BSc Sports Rehabilitation and will soon be completing a Professional Doctorate.

### What to expect in your first few weeks

Within the first few weeks of the course we will explore all aspects of teaching and learning. You will meet your peers and get to know your environment. We will be leading local college and schools' physical activity sessions and volunteering at some of the most established sporting events within Manchester.

### Course expectations

I expect the highest standards of engagement and professionalism. The course is 60% theoretical and 40% practical. You will have the opportunity to gain additional coaching qualifications throughout the course and network with a variety of employers.

### What you can do to prepare

In preparation for the BA (Hons) Physical Education programme you could be reading Physical Education journal articles and have a look at the work the Youth Sports Trust are currently conducting.

Try to practice leading physical activity sessions and get involved with local sports events.

## Reading list

Bradshaw, T. and Minogue, D. (2020) Sports Journalism: The State of Play. Abingdon: Routledge.

Lambert, C. (2018) Digital Sports Journalism, Abingdon, Routledge