COURSE SPECIFICATION

Course Aim and Title	BA (Hons) Football Coaching (Distance (with attendance))
Intermediate Awards Available	Certificate of Higher Education Diploma of Higher Education Ordinary Degree
Teaching Institution(s)	UCFB|GIS Manchester UCFB|GIS Wembley
Alternative Teaching Institutions (for local arrangements see final section of this specification)	n/a
UEL Academic School	School of Health, Sport and Bioscience
UCAS Code	tbc
Professional Body Accreditation	n/a
Relevant QAA Benchmark Statements	QAA Subject Benchmark Statement for Events, Hospitality, Leisure, Sport and Tourism (2019)
Additional Versions of this Course	n/a
Date Specification Last Updated	November 2023

Course Aims and Learning Outcomes

The main educational aims of the course are to:

- Prepare students for coaching careers in football clubs.
- Provide students with a detailed knowledge of the external context in which football coaching takes place.
- Enable students to develop the communication, analytical and problem-solving skills demanded for career advancement in football coaching.
- Develop students' understanding of contemporary approaches to evidence based practice in football coaching.
- Develop students' understanding of, and experience in, the application of football coaching skills and techniques.
- Provide students with opportunities to engage with the football industry throughout the course, utilising distinctive delivery locations and professional relationships.

What students will learn:

Knowledge

- Analyse the external environment in which football coaching takes place.
- Evaluate techniques for coaching in a high performance football context.
- Evaluate tactics and technical strategies.

Thinking skills

- Engage in critical thinking, analysis, synthesis and decision making to solve problems.
- Solve problems concerning coaching contexts.
- Explore professional knowledge in new environments.

Subject-Based Practical skills

- Apply relevant legislation and ethical frameworks to the planning and delivery of football coaching sessions.
- Critically evaluate the role and responsibilities of football coaches.
- Demonstrate awareness of psycho-social aspects of coaching practice.

Skills for life and work (general skills)

- Demonstrate effective leadership skills in a football coaching context.
- Communicate information clearly and coherently in a range of forms relevant to intended audiences.

- Manage time effectively in order to meet deadlines and achieve performance targets.

Learning and Teaching

This course will be delivered in two ways. Firstly and in the main, students will receive materials via the online UCFB|GIS learning platform, where students work through structured lessons with information provided in each session based on the core module content, to introduce key information and concepts. In some cases, this replaces the traditional format of a lecture and seminar. Concepts and ideas are then tested via case studies, reflective practice and online forums.

Learning will predominantly occur through online content, allowing students to work through materials independently. Online content for each module will be supplemented with several live sessions that will be focused on the clarification and expansion of key concepts. These live online sessions are playing a key role in providing a platform fostering a community of learning between tutor and students. For each online 20 credit module, students will receive a minimum of 10 hours live contact time through a mix of lectures, drop ins, tutorials etc. throughout the module. Sessions will be timetabled in advance to align to key parts of the learning journey.
Distance (with attendance) students receive additional, on-campus, intense block delivery of approximately 60+ hours per course. Students will attend a short but intense block or blocks of taught face to face lectures, seminars, workshops and practical sessions at one or two points during the academic year. During these sessions students will have the opportunity to have contact with academics and practitioners immersed in the football industry. During taught block students will be involved in tutor lead coaching session before delivering session with their peer group which will form part of the assessment process. Clear links will be made between online learning activities and discussion activities and formative support of the students' assessed work (feed forward) and detailed feedback on work that has been completed will be provided via virtual meetings between the student and tutor. Further formative assessment opportunities will be provided during face to face coaching sessions and via online discussion activities in which students will be encouraged to share thoughts with each other and with the tutor.

Assessment

A range of assessment types are used across the course, as appropriate to each module. Assessment is predominantly continuous, employing items that will include academic essays, reports, presentations, portfolios, reflective writing as well as practical coaching sessions. Applied assessment tasks are used as far as possible to enable students to link theory with practice, thereby assessing knowledge and understanding alongside subject-specific skills and key skills.

Work or Study Placements

n/a

Course Structure

All courses are credit-rated to help you to understand the amount and level of study that is needed.

One credit is equal to 10 hours of directed study time (this includes everything you do e.g. lecture, seminar and private study).

Credits are assigned to one of 5 levels:

3	Equivalent in standard to GCE 'A' level and is intended to prepare students for year one of an undergraduate degree course.
4	Equivalent in standard to the first year of a full-time undergraduate degree course.
5	Equivalent in standard to the second year of a full-time undergraduate degree course.
6	Equivalent in standard to the third year of a full-time undergraduate degree course.
7	Equivalent in standard to a Master's degree.

Courses are made up of modules that are each credit weighted.

The module structure of this course:

Level	UEL Module Code	Module Title	Credit Weighting	Core/Option	Available by Distance Learning? Y/N
4	UO4017	Introduction to Football Coaching (Distance (with attendance))	20	Core	N
4	UO4001	Coaching and Skill Acquisition (Distance (with attendance))	20	Core	N
4	UO4012	Football in the Community (Distance (with attendance))	20	Core	N
4	UO4014	Injury Prevention in Football (Distance (with attendance))	20	Core	N
4	UO4019	Introduction to Talent Development (Distance (with attendance))	20	Core	N
4	UD4000	Industry Competencies (Mental Wealth)	20	Core	N

5	UO5011	Scouting and Recruitment (Distance (with attendance))	20	Core	N
5	UO5003	Coaching within Small Sided Games (Distance (with attendance))	20	Core	N
5	UO5015	The Reflective Coach (Distance (with attendance))	20	Core	N
5	UD5013	Research Methods	20	Core	N
5	UO5013	Sport Psychology for Football (Distance (with attendance))	20	Core	N
5	UD5010	Industry Readiness (Mental Wealth)	20	Core	N
6	UO6005	Match Analysis (Distance (with attendance))	20	Core	N
6	UD6014	Professional Project	40	Core	N
6	UO6012	Working in the Elite Environment (Distance (with attendance))	20	Core	N
6	UO6000	Coaching with Tactics and Strategies (Distance (with attendance))	20	Core	N

6	UD6012	Industry Engagement (Mental Wealth)	20	Core	N

The overall credit-rating of this course is 360 credits. If for some reason you are unable to achieve this credit you may be entitled to an intermediate award, the level of the award will depend on the amount of credit you have accumulated. You can read the University Student Policies and Regulations on the UEL website.

Course Specific Regulations

n/a

Typical Duration

The expected duration of this course is 3 years full-time.

A student cannot normally continue study on a course after 4 years of study in full time mode unless exceptional circumstances apply and extenuation has been granted.

Further Information

.More information about this course is available from:

- The UCFB|GIS web site (www.ucfb.ac.uk)
- The course handbook
- Course Leader
- Module Leader

All UEL courses are subject to thorough course approval procedures before we allow them to commence. We also constantly monitor, review and enhance our courses by listening to student and employer views and the views of external examiners and advisors.

Additional costs:

- Accommodation - Students are required to attend face to face classes as part of the course. Students are responsible for arranging their own accommodation if it is required to support timely access to course dates. Costs will be dependent on the students' choice of accommodation. If assistance if required to identify suitable accommodation this can usually be provided. Costs for city centre accommodate vary dependent on times, these are likely to be between £50-£150 per night.

- Stationery equipment – paper and pens are required. Costs will vary dependent of student choice.

- Books, journals and periodicals – books will be available to access in the UCFB|GIS and UEL library. If students wish to purchase books they can do so, however this is not a requirement.

- Printing – printing credits are required to print documents on UCFB|GIS sites. Copies are 5p for black and white and 15p for colour.

- DBS checks - typically up to £50

- Field trips - contribution requested

Please note costs will vary depending on individual needs.

Alternative Locations of Delivery

This course is taught by UCFB|GIS in Manchester and London (Wembley) and is awarded by the University of East London.