

COURSE SPECIFICATION

Course Aim and Title	BA (Hons) Physical Education
Intermediate Awards Available	Certificate of Higher Education Diploma of Higher Education Ordinary Degree
Teaching Institution(s)	UCFB Manchester Campus UCFB Wembley
Alternative Teaching Institutions (for local arrangements see final section of this specification)	n/a
UEL Academic School	School of Health, Sport and Bioscience
UCAS Code	PE10 PE1F
Professional Body Accreditation	n/a
Relevant QAA Benchmark Statements	QAA Subject Benchmark Statement for Events, Hospitality, Leisure, Sport and Tourism (2019)
Additional Versions of this Course	n/a
Date Specification Last Updated	October 2024

Course Aims and Learning Outcomes

The main educational aims of the course are to:

- Prepare students for teaching physical education
- Provide students with the knowledge and skills needed to deliver innovative sport and physical activity in a variety of settings
- Enable students to develop the confidence, communication and problem-solving skills needed for professional delivery in the work place
- Develop students' understanding of, and ability to, reflect and apply reflective practice
- Prepare students for postgraduate study leading to Qualified Teacher Status

Knowledge

- Understand the fundamentals of pedagogy
- Demonstrate a knowledge and understanding of the government documents for physical education, including the NCE and the Teachers' standards
- Understand how to deliver a range of physical activities and sports sessions

Thinking skills

- Analyse the key attributes of a range of sports and athletic activities
- Evaluate legal and ethical frameworks applicable to working with children and young people
- Demonstrate independent research, making use of scholarly reviews and primary sources

Subject-Based Practical skills

- Evaluate and use core teaching strategies in different sport, exercise and movement settings for children and young people
- Effectively manage group and individual behaviours to enable effective delivery of teaching sessions.
- Demonstrate competent teaching skills and techniques in a range of sport, exercise and movement activities.

Skills for life and work (general skills)

- Engage in critical and creative thinking when problem solving
- Communicate information confidently and coherently in a range of forms relevant to the intended audience
- Manage time effectively in order to meet deadlines and achieve performance targets

Learning and Teaching

Knowledge is developed through

- Guided reading
- Class activities (face to face or online) with feedback
- Online interactions and set activities

Thinking skills are developed through

- Reflective tasks, with feedback
- Group discussion and activities (face to face & virtual)

Practical skills are developed through

- Micro teaches and other practical delivery, with feedback
- School based observations and volunteering
- Research skills-based activities with feedback

Skills for life and work (general skills) are developed through

- Professional delivery of set work
- Placements work, with feedback
- Project work

Assessment

Knowledge is assessed by

- Regular completion of own-study tasks (monitored by progress bars)
- Production of required artefacts e.g. summaries, questions, written work
- Essays, reports, lesson plans

Thinking skills are assessed by

- Planning
- Project work

Practical skills are assessed by

- Practical delivery
- Micro teaches
- Portfolio completion

Skills for life and work (general skills) are assessed by

- Project work
- Presentations
- Group work

Students with disabilities and/or particular learning needs should discuss assessments with the course leader to ensure they are able to fully engage with all assessment within the course.

Work or Study Placements

Within this Physical Education degree there are many opportunities to develop students' teaching skills. Students can make their own arrangements for placements with schools near where they live or they can gain contacts from UCFB|GIS, to engage with the wider community. These visits provide students with additional experience and material upon which to reflect and draw upon, for relevant modules.

Course Structure

All courses are credit-rated to help you to understand the amount and level of study that is needed.

One credit is equal to 10 hours of directed study time (this includes everything you do e.g. lecture, seminar and private study).

Credits are assigned to one of 5 levels:

- 3 Equivalent in standard to GCE 'A' level and is intended to prepare students for year one of an undergraduate degree course.
- 4 Equivalent in standard to the first year of a full-time undergraduate degree course.
- 5 Equivalent in standard to the second year of a full-time undergraduate degree course.
- 6 Equivalent in standard to the third year of a full-time undergraduate degree course.
- 7 Equivalent in standard to a Master's degree.

Courses are made up of modules that are each credit weighted.

The module structure of this course:

Level	Module Code	Module Title	Credit Weighting	Core/Option	Available by Distance Learning? Y/N
4	UO4020	Principles of Teaching	20	Core	N

4	UO4022	Teaching and the Practical Delivery of Sport	20	Core	N
4	UD4000	Industry Competencies (Mental Wealth)	20	Core	N
4	UO4021	Sports Science in Practice	20	Core	N
4	UO4009	Delivering a Broad Curriculum	20	Core	N
4	UO4007	Cybernetic Physical Education	20	Core	N
5	UO5009	Psychology for Physical Education	20	Core	N
5	UO5004	Creative Physical Education	20	Core	N
5	UD5010	Industry Readiness (Mental Wealth)	20	Core	N
5	UD5013	Research Methods	20	Core	N
5	UO5012	Sociology of Physical Education	20	Core	N
5	UO5000	Behaviour Management	20	Core	N
6	UO6003	Innovations in Education	20	Core	N
6	UO6001	Experiential Learning	20	Core	N

6	UD6014	Professional Project	40	Core	N
6	UO6009	Sports Initiative Development	20	Core	N
6	UD6012	Industry Engagement (Mental Wealth)	20	Core	N

Additional detail about the course module structure:

A core module for a course is a module which a student must have passed (i.e. been awarded credit) in order to achieve the relevant named award.

The overall credit-rating of this course is 360 credits. If for some reason you are unable to achieve this credit you may be entitled to an intermediate award, the level of the award will depend on the amount of credit you have accumulated. You can read the University Student Policies and Regulations on the UEL website.

Course Specific Regulations

n/a

Typical Duration

The expected duration of this course is 3 years full-time.

A student cannot normally continue study on a course after 4 years of study in full time mode unless exceptional circumstances apply and extenuation has been granted.

Further Information

More information about this course is available from:

- The UEL web site (www.uel.ac.uk)
- The course handbook
- Module study guides
- UEL Manual of General Regulations (available on the UEL website)
- UEL Quality Manual (available on the UEL website)
- School web pages
- UCFB website –www.ucfb.com

All UEL courses are subject to thorough course approval procedures before we allow them to commence. We also constantly monitor, review and enhance our courses by

listening to student and employer views and the views of external examiners and advisors.

Additional costs:

- Accommodation - Students are required to attend face to face classes as part of the course. Students are responsible for arranging their own accommodation if it is required to support timely access to course dates. Costs will be dependent on the students' choice of accommodation. If assistance is required to identify suitable accommodation this can usually be provided. Costs for city centre accommodation vary dependent on times, these are likely to be between £50-£150 per night.
- Stationery equipment – paper and pens are required. Costs will vary dependent of student choice.
- Books, journals and periodicals – books will be available to access in the UCFB|GIS and UEL library. If students wish to purchase books they can do so, however this is not a requirement.
- Printing – printing credits are required to print documents on UCFB|GIS sites. Copies are 5p for black and white and 15p for colour.
- DBS checks - typically up to £50
- Field trips - contribution requested

Alternative Locations of Delivery

This course is taught by UCFB|GIS in Manchester (Manchester Campus) and London (Wembley) and is awarded by the University of East London.