

The Programme



PHOTO CREDIT: GRACE D'SOUZA

The days just keep March-ing on, here's what's in store for you this month at UCFB.

The cold and dark days seem to be on their way out so here's some things to do for spending your days on campus.

The Students' Union will be looking for new members for the next academic year, all of the information about roles and dates can be found in here.

Student Support will be celebrating University Mental Health Day on the 12th of March with a pop-up in Arch View House Cafe. They also have a stacked giveaway planned, look out for information on their Online Hub page and Instagram to find out how to enter.

We'll also be celebrating International Women's Day on the 19th of March from 17:00! This year's theme is 'Give to Gain' and the link to register will be out soon!

If you have anything else you'd love to see featured in **The Programme**, please let us know at su@ucfb.ac.uk

We want this to be as much your platform as it is ours, so don't hesitate to share your ideas!

*The Students'
Union*



Coming up in The Programme...

Students' Union Calendar

Sport this month

Things to do this month in London

University Mental Health Day

Students' Union Elections

2026

MARCH

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2ND: SU NOMINATION BEGINS

4TH: GAP AFRICA - STUDENT COACHING PLACEMENTS IN GHANA (WEBINAR)

11TH: UCFB JOBS & WORK PLACEMENTS FAIR/ALUMNI PANEL 2026

12TH: UNIVERSITY MENTAL HEALTH DAY

17TH: CHECK ON YOUR MATE TRAINING

18TH: SPORTS PSYCHOLOGY DAY

19TH: CV WORKSHOP

19TH: INTERNATIONAL WOMENS DAY EVENT

25TH: UCFB DARTS CHAMPIONSHIP AND IN PERSON SU VOTING

SPORT THIS MONTH.

MEN'S ACADEMY:

4TH: LSE (A)

18TH: IMPERIAL (H)

MEN'S FOOTBALL 2:

4TH: HERTS (A)

11TH: ST MARYS (H)

18TH: READING (A)

MEN'S FOOTBALL 2:

4TH: LSE (H)

WOMEN'S NETBALL:

4TH: ST MARYS (H)

WOMEN'S ACADEMY:

4TH: BRIGHTON (H)

11TH: EAST LONDON (A)

18TH: PORTSMOUTH (A)

WOMEN'S FOOTBALL 2:

4TH: UCL (A)

18TH: ESSEX (A)

25TH: GOLDSMITH (A)

MIXED GOLF:

4TH: UCL (A)

11TH: IMPERIAL (H)

18TH: UCL (H)

MEN'S BASKETBALL:

4TH: HERTS (H)

DARTS:

11TH: PORTSMOUTH (H)

18TH: BOURNEMOUTH (A)

THINGS TO DO THIS MONTH

MARCH




HARINGEY HUSKIES V
CHELMSFORD WARRIORS

 Alexandra Palace




LONDON LIONS V
NEWCASTLE EAGLES

 Copperbox Arena



ARSENAL W V CHELSEA W -
CHAMPIONS LEAGUE

 Emirates



KEW GARDENS ORCHID
FESTIVAL

 Kew Gardens

THE PROGRAMME

UCFBe on the Ball

Deadlines!!

Deadlines are fast approaching!
Remember: both libraries will be stocked with refreshments and snacks
Remember: make use of the Study Skills Advisors
Remember: Contact Student Support if you are feeling stressed

Link to the Consent, Healthy Relationships and Sexual Misconduct Training

Here

Student Finance

Finance, enrolment, tuition or maintenance loan queries?

Contact
fees@ucfb.com

IT

Mon - Fri: 8:30 - 17:00

Please include details and screenshots where possible

Contact IT:
IT-servicedesk@ucfb.com

Make sure you can access your UCFB email.



UCFB STUDENT SUPPORT MARCH

UCFB



12TH UNIVERSITY MENTAL HEALTH DAY

11.30am - 3pm
AVH Sports Cafe

This year, we're highlighting the theme of 'Human Connection'. Join us for games, drinks and snacks, wellbeing activities, and information and guidance. There's no need to book or register, just drop-in on the day!

We are also giving away a £40 mini golf voucher - so you can enjoy a shared experience with friends or family. Just email the Student Support team with an example of the connections that keep you going (e.g., photo, favourite memory, upcoming plan) for a chance to win!

17TH PEER SUPPORT SKILLS WORKSHOP

1pm - 2.30pm
AVH Level 1 Boardroom

The Students' Union and Student Support are launching a peer support skills workshop to increase community and confidence, and provide an opportunity for students' CV development. Scan the QR code to book onto the workshop.

[Sign up - click here](#)

TBC 19TH WOMEN OF UCFB SOCIAL

5pm - 7pm
AVH Sports Cafe

Join us for an evening of creativity and conversation! For International Women's Day, we're hosting an event for all women that are involved with UCFB (students, alumni, staff).
Details TBC.

UPCOMING AWARENESS DAYS

- March → Women's History Month
- 3rd → World Hearing Day
- 16th → Disabled Access Day
- 16th - 22nd → Hydration and Nutrition Week
- 21st → World Down Syndrome Day

STUDENTSUPPORT@UCFB.AC.UK

Your Vote. Your *SU.*



NOMINATE YOURSELF HERE

Students' Union Elections

**Nominations open now
and close on the 16th of
March**

Online voting from the 23rd and in-person
voting on the 25th at the UCFB Darts
Championships

UCFB DARTS CHAMPIONSHIPS

TICKETS OUT NOW!




£60 For a Table

£5 General Admission

Available at:

Text: 07741524510



Hi, you've reached Stop Loan Sharks, how can we help?

I've borrowed money from someone I thought was a friend and it's turned nasty

You haven't done anything wrong, but you might have borrowed from a loan shark. We are here to help.

Contact Stop Loan Sharks for free, confidential support:

☎ 0300 555 2222

📱 WhatsApp 07700 102773

🌐 stoploansharks.co.uk

✉ reportaloanshark@stoploansharks.gov.uk

STOPLOANSHARKS
Intervention . Support . Education

How to recognise a loan shark

Even if they seem like a friend, there are warning signs that someone who offers to lend money is not operating legally. They include:

- Having extra charges or high interest rates added to what you owe
- Not being given any written agreement or loan paperwork
- Being asked to repay far more than you borrowed
- Being threatened or intimidated you if you struggle to pay
- Having your passport, ID card or bank card taken as 'security'

Loan Shark Red Flags



✗ No paperwork or loan details



Demands more money than borrowed



Takes your passport, ID or bank card



Uses threats or intimidation



Appears to be a friend at first

Contact Stop Loan Sharks for free,
confidential support:

☎ 0300 555 2222

💬 WhatsApp 07700 102773

🌐 stoploansharks.co.uk

✉ reportaloanshark@stoploansharks.gov.uk



STOPLOANSHARKS
Intervention . Support . Education

What should I do if I've been targeted by a loan shark?

You can contact Stop Loan Sharks anytime:

- Visit: www.stoploansharks.co.uk
- Call the 24/7 confidential hotline: 0300 555 2222
- Send a WhatsApp message to 07700 102773 (available Monday to Friday 9am to 8pm)
- Email: reportaloanshark@stoploansharks.gov.uk
- Live Chat: Available on the website Monday to Friday, 9am–5pm